|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
| Work/Daily Priority – List 3 each day. | | | | | | |
| 1. Email, and call end users to continue DUO Rollout 2. Schoolwork, 3.0 Community Board   3. Research new business plan for small business | 1. Schedule DUO roll out with people who have contacted me, send out new emails to more on my list  2. Schoolwork, 3.1, Lecture, 3.2 Weekly Plan  3. Begin work on business plan | 1.Report to executive committee the progress for the past week of the DUO rollout and set new milestones  2.Schoolwork,  3.3, 3.4, and 3.5 reading  3. Call in resources for research on marketing plan and feasibility study for new business venture | 1. email and call end users who have not contacted me for the DUO rollout  2. Schoolwork, 3.6 Discussion: Work  3.Continue business plan, place in marketing information, feasibility study and financial work | 1. Update management on DUO rollout, the good, the bad, and next steps  2. Schoolwork, 3.7 Brain Teaser  3.Work on financial report for new business venture, researching area competition | 1. Yard work, mow lawn, rake and weed eat  2. Clean Cat Box  3. Help with laundry | 1. Yard Work, fertilize and spray bug repellant on yard  2. Clean and organize utility room  3.Go to my dad’s and help him with his big mowing clients |
| Play | | | | | | |
| Play Star Trek Online video game, create new character from newest expansion | Read new shadowrun book out on the front porch. Help eldest son with his minecraft playtime | Play Elder Scrolls online, and continue to level up my new warden character | Read more from my new shadowrun book on the front porch | Play star trek online and continue missions to gain levels and new ships | Play elders scrolls online and continue to level warden character | Relax on front porch and read my book |
| Fit/Wellness | | | | | | |
| Walk to and from work, take stairs instead of elevators | Walk to and from work, take stairs instead of elevators  Walk to end user desks to help with their issues | Walk to and from work, take stairs instead of elevators | Walk to and from work, take stairs instead of elevators | Walk to and from work, take stairs instead of elevators | Yard work, mow and weed eat lawn | Help my father mow, and weed eat his big mowing clients |
| Push | | | | | | |
| Research possibility of new business venture | Work on programming project, a new game for mobile devices | Work on programming project, a new game for mobile devices | Research graphics, and artificial intelligence for new game | Start drawing and designing graphics portion for game | Study new game techniques that I might use on new game | Study new game techniques that I might use on new game |
| Week 3 Reflection Question – Minimum of 5-6 detailed sentences | | | | | | |
| 1. You are halfway through the month. Give an update on your progress. Consider the areas you identified on your week 1 weekly plan to be most challenging/easiest.  The difference from week one till this week is, the fact I focus from work, and divide my attention into more schoolwork as well as household chores. I was focusing way too much on my work life, and didn’t focus enough on my school, family, and trying to fit learning new things into my everyday schedule. I have been striving to finish all of my weekly plans, but usually get between 40 to 50 percent done of my push, and fit/wellness completed due to my schoolwork, and the enormous daily load of my work life. I have been trying to engage more away from work, however, due to my works insistence I finish this project on or before schedule it is rather difficult. Most of the time, my push category is the one that will be left behind to make way for my gaming addiction (not really an addiction, but a release, escape), work and schoolwork come first before this can be accomplished. | | | | | | |

<Edward Welborn>'s Weekly Plan – Week 3